

BEST PRACTICES

GIRL HEALTH CARE MANAGEMENT

Objectives :

- to make the girls aware of hygiene
- teach the girls to take preventive steps
- to take care of the mental and physical health of the students

Key features

- it is not a part of our curriculum
- it is the implementation of a suggestion made by IQAC members
- it is conducted under the professional guidance
- it is completely free of cost
- it is also extended to the society

Activity	Month	In collaboration with
Female health educational program	Aug	Dr. Darshna Thakkar Sparsh Foundation
Rubella vaccination	Sep	Dr. Darshna Thakkar Sparsh Foundation
Thalassemia screening	Jan	Indian Red cross society
Cancer awareness program	Once in a year	Dr. Darshna Thakkar Sparsh Foundation
Paint your life with the colours of health and happiness	Once in a year	Dr. Darshna Thakkar Sparsh Foundation
Heal your Life Workshop	Once in a year	Dr. Darshna Thakkar Sparsh Foundation

- ❖ **All these activities are being done since past 10 years now. Every year around 450 students of First Year are benefitted along with their parents, friends and family.**

Outcomes

1. Healthy body mind and soul
2. No complication in pregnancy and delivery
3. Proper health management
4. Self-inspired and enthusiastic counseling sessions with gynaecologist
5. Transformation of girls into mentally and physically strong females

“Nari Swashray ki aur”

(Skill development and vocational training)

Objectives

- To empower the girls with various skills to make them economically self-reliant
- To make them ready as per market demands
- To enrich their technological abilities and to create social and financial stand

Key features

- it is not a part of our curriculum
- it is an output of our efforts and the suggestions from Parents and Alumni
- It is conducted with the help of socially committed individual as well as agencies
- It is conducted with minimum fees
- It is extended to the other needy girls / women of the society

Name of the Certificate Courses	Batches every year	Size of the batch	Fees	Trainer	Certified by
Beauty and Health Care	Two	40	Rs. 800	Ms. Bhagyashree Bhavsar	College
Gujarati Typing	Four	25	Rs. 100	Ms. Tejal Solanki	
Nursing (Health Care Attendant Course)	One	50	Rs 3200/-	Faculty from Red Cross Society Ahmedabad	Red Cross Society Ahmedabad
Elderly Health Care Management	One	50	-		
MS Office	Four	25	Rs. 800	Ms. Priyanka Yadav	ACT Education
Tally	Four	25	Rs. 800	Ms. Priyanka Yadav	
Basic Computer	Four	25	Rs. 800	Ms. Priyanka Yadav	
Retail Associate	Four	25	Rs. 800	Ms. Priyanka Yadav	
Spoken English	Four	25	Rs. 1500	Ms. Mohini Parmar	
Yoga Teachers' Training Programme	Two	30	-	Faculty from Aadarsh, Ahmedabad	Aadarsh, Ahmedabad
Acupressure	Two	70	-		
Tejaswini-Domestic Management	One	70	-		

Handicraft					
1. Rope Art	One	60	Rs 350	Trainer from Art Point	College
2. Nail Art	One	40	Rs 80	Trainer from Art Point	College
3. Glass and Tile Painting	Two	25	Rs. 110	Ms. Bhagyashree Bhavsar	College
4. Tie and Dye	One	50	Rs 150	Trainer from Art Point	College
Proof Reading	One	20	-	Dr. Preeti Shah	College
Fashion Designing					
1. Pattern Making	Two	80	-	Govt. certified trainers	Govt. of Gujarat
2. Fashion Sketching	Two	80	-	Govt. certified trainers	Govt. of Gujarat
3. Stitching	Two	80		Govt. certified trainers	Govt. of Gujarat
4. Illustration	Two	80		Govt. certified trainers	Govt. of Gujarat
Cooking					
1. Chocolate Making	Two	50	100	Ms. Dharini Soni	College
2. Baking	One	50	100	Ms. Dharini Soni	College
Communication Skills through DELL (SCOPE)	Two	50	As per Govt. guidelines	Dr. Bharti Dave	SCOPE, Govt. of Gujarat
Judo & Karate	One	20		Ms. Kamini Chauhan	College
National Digital Literacy Mission	For all the girls		-	Mr. Sanjay Parmar	Central Govt.

Outcomes:

- ❖ **Our students have become economically self-reliant**